

LENT 2025



My dear brothers & sisters,

Lent is a time of reflection, penance & preparation for the most joyful celebrations of the Christian Year: Easter.

In our ongoing battle against the devil, the flesh and the world, the Church commends the practice of prayer, fasting & almsgiving to us all, and there are lots of opportunities for this at Christ Church over this season.

This booklet contains a comprehensive calendar of all of these, in the hope that you will make as much use as possible of these opportunities to grow closer to God and remove those things that are a barrier to your relationship with Him.

In particular, as part of your Lenten disciplines, you might consider:

- + committing to a regular Daily Low Mass
- + spending time at Sunday Adoration
- + attending Bible Study
- + praying the Rosary
- + fasting from particular food, drink or activities
- + taking up Daily Prayer
- + donating to our 150th Anniversary Fundraiser to support the Church & our neighbours at home & overseas
- + participating in Stations of the Cross
- + volunteering with one of Christ Church's ministries
- + making a regular Confession



Over Lent, all of the usual services & opportunities for worship of Almighty God continue, including Daily Mass, Morning & Evening Prayer, the Rosary, Confessions & Adoration of the Lord in the Blessed Sacrament.

We also continue with our regular groups and ministries, including Cosy Crypt, the Damascus Runners, the Magdalenas, the Fishers of Men and Bible & Bacon (but without the bacon in Lent!)

The booklet also includes additional Lent services & devotions, including:

- + Stations of the Cross on Wednesday & Fridays
- + Adult Baptism & Confirmation Classes on Tuesday evenings
- + Concerts & Special Events notably, Dvorak's beautiful Stabat Mater on Saturday 5th April, the eve of Passion Sunday

The Church also allows and encourages respite from Lenten fasting on special occasions: this Lent, that includes the **Solemnity of St Joseph on the 19**th **March** & the **Solemnity of the Annunciation of the Lord on the 25**th **March** – both marked with Low & Sung Masses. We also have the joy of **Laetare Sunday on 30**th **March**, when the Sunday Mass will be followed by special refreshments.

All of this builds to the Triduum – the most important days of the year from Maundy Thursday to the Easter Vigil – which I hope and pray you will all be able to attend in full, and to bring along friends and family to witness and participate in these beautiful liturgies.

Please be assured of my prayers for each and every one of your over this Lent as we journey to the Cross together, and prepare to celebrate afresh the mighty victory of Our Lord over Sin & Death at Easter.

With my love, Fr Thomas



Shrove Tuesday – 4th March

9am Confessions heard Lady Chapel
6pm Confessions heard Lady Chapel

7.30pm Adult Baptism & Confirmation Class Crypt

Ash Wednesday - 5th March

10am Holy Rosary Lady Chapel
1030am Low Mass with the Imposition of Ashes Lady Chapel
c.1130am The Magdalenas (Women's Group) Back of church

7pm Sung Mass with the Imposition of Ashes

Thursday 6th March

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt

1030am Low Mass Lady Chapel 6pm Evening Prayer Sanctuary

Friday 7th March

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Evening Prayer Sanctuary
6.30pm Stations of the Cross followed by Low Mass Lady Chapel

Saturday 8th March

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
1030am Low Mass Lady Chapel
6pm Evening Prayer Sanctuary



FIRST WEEK OF LENT:

SUNDAY - WEDNESDAY

The First Sunday of Lent – 9th March

8am Low Mass Lady Chapel
9am Adoration of the Blessed Sacrament Sanctuary
915am Morning Prayer Sanctuary

1030am Sung Mass with Sunday School

followed by refreshments

Monday 10th March

7pm Low Mass Holy Souls

Tuesday 11th March

830am Morning Prayer Sanctuary
1030am Low Mass Lady Chapel
6pm Evening Prayer Sanctuary
7.30pm Adult Baptism & Confirmation Class Back of church

Wednesday 12th March

830am Morning Prayer Sanctuary
10am Holy Rosary Lady Chapel
1030am Low Mass followed by Stations of the Cross Lady Chapel
6pm Evening Prayer Sanctuary



FIRST WEEK OF LENT:

THURSDAY - SATURDAY

Thursday 13th March

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt

1030am Low Mass Lady Chapel
6pm Evening Prayer St Mary Magdalen

730pm St Leonard's Concerts: Dvorak & Brahms

Friday 14th March

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Evening Prayer Sanctuary
630pm Stations of the Cross followed by Low Mass Lady Chapel

Saturday 15th March

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
10am Holy Rosary Lady Chapel

1030am Low Mass

for the Cell of Our Lady of Walsingham

with Devotions

followed by coffee Lady Chapel

6pm Evening Prayer Sanctuary



SECOND WEEK OF LENT:

SUNDAY - WEDNESDAY

The Second Sunday of Lent – 16th March

8am	Low Mass	Lady Chapel
9am	Adoration of the Blessed Sacrament	Sanctuary
915am	Morning Prayer	Sanctuary

1030am Sung Mass with Sunday School

followed by refreshments

The Feast of St Patrick – Monday 17th March

7pm Low Mass Holy Souls

Tuesday 18th March

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
6pm	Evening Prayer	Sanctuary
730pm	Adult Baptism & Confirmation Class	Back of church

The Solemnity of St Joseph – Wednesday 19th March

830am	Morning Prayer	Sanctuary
10am	Holy Rosary	Lady Chapel
1030am	Low Mass followed by Stations of the Cross	Lady Chapel

7pm Sung Mass followed by drinks at the Nag's Head



SECOND WEEK OF LENT:

THURSDAY - SATURDAY

Thursday 20th March

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt
1030am Low Mass Lady Chapel

6pm Evening Prayer Sanctuary

Friday 21st March

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Evening Prayer Sanctuary
6.30pm Stations of the Cross followed by Low Mass Lady Chapel

Saturday 22nd March

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
1030am Low Mass Lady Chapel
6pm Evening Prayer St Mary Magdalen

7pm Hastings Philharmonic Orchestra:

Mozart's 'Don Giovanni'



THIRD WEEK OF LENT:

SUNDAY - WEDNESDAY

The Third Sunday of Lent – 23rd March

8am	Low Mass	Lady Chapel
9am	Adoration of the Blessed Sacrament	Sanctuary
915am	Morning Prayer	Sanctuary

1030am Sung Mass & Baptism with Sunday School

followed by refreshments

6pm Taizé (Contemplative Service)

Monday 24th March

7pm Low Mass Holy Souls

The Solemnity of the Annunciation – Tuesday 25th March

830am Morning Prayer Sanctuary
1030am Low Mass Lady Chapel

7pm Sung Mass

Followed by drinks reception

Wednesday 26th March

830am	Morning Prayer	Sanctuary
10am	Holy Rosary	Lady Chapel
1030am	Low Mass followed by Stations of the Cross	Lady Chapel
6pm	Evening Prayer	Sanctuary
630pm	Fishers of Men (Men's Group)	Crypt



THIRD WEEK OF LENT:

THURSDAY - SATURDAY

Thursday 27th March

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt

1030am Low Mass Lady Chapel 6pm Evening Prayer Sanctuary

Friday 28th March

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Vespers of the Dead Sanctuary

630pm Stations of the Cross

7pm Monthly Requiem Mass Holy Souls

Saturday 29th March

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
1030am Low Mass with Ministries of Healing Lady Chapel

c.1115am Bible Study Crypt

6pm Evening Prayer Sanctuary



FOURTH WEEK OF LENT:

SUNDAY - WEDNESDAY

Laetare Sunday: The Fourth Sunday of Lent – 30th March *Mothering Sunday*

8am	Low Mass	Lady Chapel
9am	Adoration of the Blessed Sacrament	Sanctuary
915am	Morning Prayer	Sanctuary

1030am Sung Mass with Sunday School

followed by Laetare Refreshments

Monday 31st March

7pm Low Mass Holy Souls

Tuesday 1st April

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
6pm	Evening Prayer	Sanctuary
730pm	Adult Baptism & Confirmation Class	Back of church

Wednesday 2nd April

830am	Morning Prayer	Sanctuary
10am	Holy Rosary	Lady Chapel
1030am	Low Mass <i>followed by</i> Stations of the Cross	Lady Chapel
6pm	Evening Prayer	Sanctuary



FOURTH WEEK OF LENT:

THURSDAY-SATURDAY

Thursday 3rd April

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt

1030am Low Mass Lady Chapel

6pm A Town Explores a Book: Launch Event

Friday 4th April

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Evening Prayer Sanctuary
630pm Stations of the Cross followed by Low Mass Lady Chapel

Saturday 5th April

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
930am- 1230pm Table Sale Crypt & Hall
1030am Low Mass Lady Chapel
6pm Evening Prayer St Mary Magdalen

7pm Hastings Philharmonic Choir & Orchestra:

Dvorak's 'Stabat Mater'



FIFTH WEEK OF LENT:

SUNDAY – WEDNESDAY

From this week, all images, crucifixes & statues in the church are veiled as we collectively move into a more solemn period of penance & mourning in this final fortnight of Lent.

Passion Sunday: The Fifth Sunday of Lent – 6th April

8am	Low Mass	Lady Chapel
9am	Adoration of the Blessed Sacrament	Sanctuary
915am	Morning Prayer	Sanctuary
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1030am Sung Mass with Sunday School

followed by Refreshments

Monday 7th April

7pm Low Mass Holy Souls

Tuesday 8th April

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
6pm	Evening Prayer	Sanctuary
730pm	Adult Baptism & Confirmation Class	Back of church

Wednesday 9th April

830am	Morning Prayer	Sanctuary
10am	Holy Rosary	Lady Chapel
1030am	Low Mass followed by Stations of the Cross	Lady Chapel
6pm	Evening Prayer	Sanctuary



FIFTH WEEK OF LENT:

THURSDAY - SATURDAY

Thursday 10th April

830am Morning Prayer Sanctuary
10am – 4pm Cosy Crypt Crypt

1030amLow MassLady Chapel6pmEvening PrayerSt Mary Magdalen

730pm St Leonard's Concerts: Saxony Blues

Friday 11th April

830am Morning Prayer Sanctuary
11am Damascus Runners Seafront
6pm Evening Prayer Sanctuary
630pm Stations of the Cross followed by Low Mass Lady Chapel

Saturday 12th April

830am Morning Prayer Sanctuary
9am Confessions heard Lady Chapel
1030am Low Mass Lady Chapel

1pm Preparations for Easter Play2pm Community Easter Play

6pm Evening Prayer Sanctuary



HOLY WEEK:

PALM SUNDAY – HOLY WEDNESDAY

Palm Sunday – 13th April

8am Low Mass Lady Chapel

1030am Procession through the Parish

& Sung Mass with Sunday School

followed by Refreshments

Holy Monday – 14th April

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
6pm	Evening Prayer	Sanctuary
7pm	Low Mass (Latin)	Lady Chapel

9pm Sung Compline

Holy Tuesday – 15th April

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
<u>5.30pm</u>	Evening Prayer	Sanctuary

6pm Triduum Rehearsals

7pm Low Mass (Latin) Lady Chapel

9pm Sung Compline

Holy Wednesday – 16th April

830am	Morning Prayer	Sanctuary
1030am	Low Mass	Lady Chapel
12noon	Diocesan Chrism Mass	Chichester
		Cathedral

6pm Evening Prayer Sanctuary
7pm Low Mass (Latin) Lady Chapel

9pm Sung Compline



HOLY WEEK: THE TRIDUUM

MAUNDY THURSDAY + GOOD FRIDAY + HOLY SATURDAY

Maundy Thursday – 17th April

830am Morning Prayer Sanctuary

7pm Sung Mass of the Lord's Supper

Followed by Solemn Watch until Midnight

Good Friday – 18th April

830am Morning Prayer Sanctuary

9am Stations of the Cross

1015am Ecumenical Walk of Witness Starting at

Christ Church

3pm Liturgy of the Day

Holy Saturday – 19th April

830am Morning Prayer Sanctuary

3pm Vigil Rehearsal 8pm The Easter Vigil

Followed by drinks reception

Easter Sunday Sunday 20th April

8am Low Mass Lady Chapel 9am Adoration of the Blessed Sacrament Sanctuary 915am Morning Prayer Sanctuary

1030am Sung Mass with Sunday School

Followed by Easter Parish Party!

Christus surrexit! - Surrexit vere, alleluia!

Christ is risen! - He is risen indeed, Alleluia!